








MARCH 2010

CENTRAL DAUPHIN SCHOOL DISTRICT ELEMENTARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN NUGGETS W/BBQ SAUCE WHOLE GRAIN DINNER ROLL PEAS APPLESAUCE	2 DR. SEUSS' BDAY: SCRAMBLED EGGS W/CHEESE & WHOLE GRAIN DINNER ROLL HASHBROWN PATTIES (2) PEARS BIRTHDAY CAKE	3 ITALIAN MEATBALL SUB WAFFLE FRIES PEACHES	4 CHICKEN POT PIE GREEN BEANS MIXED FRUIT	5 FRENCH BREAD CHEESE PIZZA SIDE SALAD W/DRESSING PEACHES
HOT HAM AND CHEESE / CHICKEN RANCH WRAP /  CHICKEN CAESAR SALAD W/ ROLL / PB&J (WHERE AVAILABLE)				
8 CORN DOG STEAMED PEAS & CARROTS APPLESAUCE	9 MEATLOAF W/DINNER ROLL MASHED POTATOES PEARS	10  BAKED FISH STICKS W/WHOLE GRAIN DINNER ROLL SCALLOPED POTATOES APPLE	11 PORK STIR FRY W/ORIENTAL VEGETABLES & RICE PEACHES	12 OVEN BAKED PIZZA GREEN BEANS FRESH BANANA
PHILLY CHEESE STEAK / HAM AND CHEESE WRAP /  PEPPY PIZZA SALAD W/ ROLL / PB&J (WHERE AVAILABLE)				
15 MACARONI & CHEESE WHOLE GRAIN DINNER ROLL STEWED TOMATOES PEARS	16 SHREDDED BBQ PORK SANDWICH MASHED POTATOES W/GRAVY APPLE SAUCE	17 SHEPARD'S PIE W/DINNER ROLL STEAMED BROCCOLI PEACHES	18 CHEESEBURGER ON A BUN BAKED FRENCH FRIES MIXED FRUIT	19 FRENCH BREAD CHEESE PIZZA SIDE SALAD W/DRESSING PEACHES
YOGURT AND CHEESE STICK W/ SOFT PRETZEL / TURKEY SUB /  CHEF SALAD W/ ROLL / PB&J (WHERE AVAILABLE)				
22 CHICKEN PARMESAN W/PASTA GARLIC BREAD GREEN BEANS PEARS	23 GRILLED CHEESE ON TEXAS TOAST TOMATO SOUP MIXED FRUIT	24 POPCORN CHICKEN W/BBQ SAUCE DINNER ROLL CARROT COINS RED DELICIOUS APPLE	25  ROAST TURKEY W/GRAVY & ROLL MASHED POTATOES CINNAMON APPLES	26 OVEN BAKED PIZZA CARROT COINS PEARS
GR. CHICKEN SANDWICH/ TURKEY HAM & CHEESE SANDWICH / MANDARIN CHICKEN SALAD/ PB&J (WHERE AVAILABLE)				
29 CHICKEN FRIES WHOLE GRAIN DINNER ROLL CARROT STICKS W/RANCH DIP FRESH BANANA	30 LASAGNA W/GARLIC BREAD SIDE SALAD PEACHES	31 BEEF NACHOS W/LETTUCE, TOMATO & SALSA CORN PEARS	NEW! (at select locations) A la Carte Frozen Yogurt \$0.75 Polish Water Ice \$0.90	
CHEESEBURGER / TUNA SANDWICH /  GARDEN SALAD W/ ROLL				
FRESH FRUITS & VEGETABLES AVAILABLE DAILY / A VARIETY OF LF MILK IS AVAILABLE W/ EACH MEAL				
FULL PRICE \$1.75		REDUCED PRICE \$0.40		MILK \$0.50



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