**2019 Keystone Fury Girls Rec Lacrosse**

Open to girls in the CDSD as well as surrounding districts that do not have programs.

**Who:** 1st-8th grade girls interested in joining a rec team to learn and play girls lacrosse.

**What:** Girls will have the opportunity to join a team with their peers to learn the skills of lacrosse while participating in organized practices, league games, and scheduled tournaments  *No Experience Necessary*

**Where:** Practices will be held within the CDSD territory (previously CDEHS or CDMS), specific locations TBD. Some practices may be scheduled indoors at various locations. Games/Tournaments at various locations throughout the mid-state. Schedule to follow, based on grade level.

**When:** Practice: Mondays/Wednesdays 5:00-7:00 pm. (An optional Thursday practice may be added for preseason.) Games/Tournaments generally Saturday mornings/afternoons with occasional Sundays. Season will run roughly from the beginning of March to mid-May.

*Our 5-7pm practice time, allows girls to participate in other school sports!*

**Equipment:** Each player is REQUIRED to bring a GIRL’S lacrosse stick, goggles, sneakers/cleats, and a mouth guard. *(Cleats are prefered)*

- Equipment can be purchased at , Angelo’s Soccer Corner, as well as online avenues such as Ebay, Facebook Marketplace, etc.

**Registration:** Registrations can be done online or through the mail

  Online: [2019 Season Registration](#)

  *(If you are viewing this on our website, please refer to the registration tab, this link will not work)*

  Mailed: 402 Trudy Rd, Harrisburg, PA 17109

Prior to registration, each player must be a **registered member of US Lacrosse** for insurance reasons.

**Fee:** Non-refundable $125 for all age groups.

*(Fee includes: coaching fees, equipment, administrative fees, league fees, tournament fees, etc)*.

**Questions:**
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**Social Media:**
Facebook: [Keystone Fury Girls Lacrosse](#)
Twitter: [@KeystoneFuryLax](#)

Google Site: [Keystone Fury Lax](#)