



Hello Parents and Guardians,

We are excited to once again offer the NutriPacks Program to all elementary aged students in the Central Dauphin School District. We fill a backpack full of nutritional food each week for each student enrolled in the program. The contents are different each week and may include: cereal, juice, pasta, granola bars, tuna, or soup. Each week you will also be offered fresh fruits/vegetables at the school when you pick up. You will also have the option to choose a vegetarian backpack that will not include any meats. Look for recipes and special announcements in the bags each week.

Please fill out the registration form (even if you have been in NutriPacks in the past) and return it to your child's school as soon as possible. You will receive a welcome letter which will contain your NutriPacks number(s) and instructions for pick-up. The first NutriPacks pick up will begin the week of September 14th and will continue weekly until June 2016.

Thank you for giving us the opportunity to serve your family. If at any time you have questions, please email cdsdnutripacks@gmail.com or call Amy Snyder at (717)343-1729.

Sincerely,

Amy Snyder

Things to know for NutriPacks:

***This is a free program for all elementary aged students who would qualify for free and reduced lunch (we are supported through grants and donations)**

***NutriPacks is every week beginning as soon as you receive your welcome letter**

*** We are excited to announce our Facebook page with our new name, NutriPacks! Add us as a friend (CDSN NutriPacks) and be sure to check for up-to-date information about any events, announcements, or cancellations. If you were already a friend of CDSN PowerPack, you will notice our name change to CDSN NutriPacks.**

***Check out our web page www.cdsdnutripacks.com for updates, information, newsletters, recipes and games for the kids.**

***If at any time you do not wish to participate or are having a problem participating, please send an email, text, Facebook message or call**