

# IMPACT Testing – Spring 2022-2023 Season

## Central Dauphin EAST High School

| SPORTS                          | WHO / WHEN  |
|---------------------------------|---|
| All Spring Sports               | <ul style="list-style-type: none"><li>• All <b>incoming 9<sup>th</sup> grade</b> athletes who did not take it in the fall or winter</li><li>• All <b>first year high school athletes</b> regardless of grade.</li><li>• Those who have <b><u>NOT</u></b> taken the test at East High.</li></ul> |
| All Remaining Track Athletes    | Friday February 24th at 3:30pm<br>Tech Room 3 @ East High   |
| Boys Baseball & Boys Lacrosse   | Monday February 27th at 3:30 pm<br>Tech Room 3 @ East High  |
| Girls Softball & Girls Lacrosse | Tuesday February 28th at 3:30 pm<br>Tech Room 3 @ East High   |
| Boys Volleyball & Boys Tennis   | Wednesday March 1st at 3:30 pm<br>Tech Room 3 @ East High   |

1. IMPACT testing will be offered in person on the dates listed above
2. Students that are unable to attend the listed dates will need to complete the IMPACT Baseline Test online at home.
3. **NO PHONES OR TABLETS.** The test must be completed on a computer that has a trackpad or mouse
4. Please click [HERE](#) for the link to find the “At Home” instructions
5. Follow all directions provided
6. **YOU MUST SEND CONFIRMATION EMAIL TO [egalinskie@cdschools.org](mailto:egalinskie@cdschools.org)**
7. If you need translated documents please click [HERE](#)

### CD East Athletic Trainers

Elise Galinskie  
[egalinskie@cdschools.org](mailto:egalinskie@cdschools.org)

Victoria Gillow  
[vgillow@cdschools.org](mailto:vgillow@cdschools.org)

(717) 541-1662 ext. 71173

\*\*\*email is preferred\*\*\*