



Dear Elementary School Parents/Guardians:

Your child's success in school depends on many things. Having enough to eat and eating nutritious foods can improve your child's success in school.

If you are in need of healthy food for your child or children on weekends during the school year, this letter is important because we would like to help you.

Kindergarten – 5th grade aged children attending Central Dauphin School District who face hunger and food insecurity can participate in NutriPacks, a project of the Panther Ram Foundation. Participation is easy, respects your privacy and is available at no cost to your family.

Six to 10 pounds of food is available for each K-5 age child each week. The type of food varies from week to week and may include cereal, granola bars, juice, pasta, peanut butter, vegetables, soup, tuna and milk. Fresh fruit or vegetables may be provided. A vegetarian option is possible.

Your family is responsible for picking up packs of food each week at one of two convenient locations in the district. At any time during the school year should you decide that you no longer need to participate, please inform the school so that food does not go to waste.

To participate in the NutriPacks program, please complete the attached form and return it to your child's school no later than September 13. Even if you are a previous participant, please fill out the form. A welcome letter with instructions will follow. **Food distribution for the 2019-20 school year will start October 2 and end in May.**

NutriPacks is **NOT** the same as the school cafeteria's free and reduced meal program during the school day. Go to the district website or ask at the office of your school for more information on that program.

NutriPacks is committed to the social, emotional and academic well-being of children in need in Central Dauphin School District. NutriPacks partners with the Central Pennsylvania Food Bank and is funded by businesses, corporations, faith institutions, foundations, grants, individuals and organizations

If you have any questions, ask in the office of your child's school to speak to the NutriPacks site facilitator. Thank you for the opportunity to serve you should you need this assistance.

Sincerely,

NutriPacks Advisory Committee
www.cdspdnutripacks.com

**South Side Elementary School
NutriPacks Registration Form
2019-2020 School Year**

Student's Name: _____ Grade _____ Teacher _____

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Would you prefer a Vegetarian (no meat) pack? YES NO

Parent/Guardian Contact Information:

Name: _____

Address: _____

Phone: _____ **Email Address** _____

You will receive text alerts on an occasional basis during the school year about picking up food unless you initial here _____ that you opt out of the free service.

I will pick up food at South Side Elementary School (Thursdays afternoons from 1:00-4:00 or Friday mornings from 9:00-11:00)

I will pick up food at Central Dauphin Middle School (Wednesday evenings from 5:00-7:00). Additional varieties of food may be available.

By signing this form I agree to allow my child to participate in NutriPacks a program of the Central Pennsylvania Food Bank, Central Dauphin School District and the Panther Ram Foundation. I understand that, for children with food allergies, NutriPacks items may contain possible allergen-containing ingredients. Parents and guardians concerned with food allergies need to be aware of this risk. The Central Pennsylvania Food Bank, Central Dauphin School District or the Panther Ram Foundation will not assume any liability for adverse reactions to foods consumed. By signing this form I agree to assume any and all risks associated with my child's participation in the NutriPacks Program including any adverse reaction my child may have to foods consumed.

Parent/Guardian's Signature

Date



Date received _____