

On Saturday, August 4 at 8:00 am the CDSD Cross Country teams will hold the

**7<sup>th</sup> ANNUAL XC Team Challenge 5k Race**  
**19<sup>th</sup> Annual CD East Alumni Run / 12<sup>th</sup> Annual CD Alumni Race**

This unique team race will be held at **Central Dauphin High School (New Location)**  
437 Piketown Road, West Hanover Township  
at 8:00 am. Registration begins at 6:30 am.

You may enter as an **Individual** OR as a **Team** (5 person minimum).

**To Register:** <https://goo.gl/forms/fxYC85x2zMsu27802>

Awards will be given in the following categories by gender:

Overall Winner, Overall Runner-Up, Youngest, Oldest, Team Winners, Under 11,  
Age 11-14, Age 15-18, Age 19-24, Age 25-29, Age 30-39, Age 40-49, Age 50-59, Age 60-69

**Race cost is \$25 and includes a t-shirt. T-shirts will also be available for \$10 while supplies last**

Contact Race Directors

Rick Leuschner at:

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(645-6194)

Jim Seidler at:

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Jen Burns at:

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For information or to get an alumni email list.